



# Think Out The Box!

building reflective and  
creative practices



@letsget\_condoms

dwdc.org



# Team

A diverse team leading preventive and supportive efforts towards End the Epidemic goals



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# ABOUT

The Dominican Women's Development Center mission is to empower communities towards gender equality and social justice.

EL AMOR ENPEZA  
POR TI...

¡CUIDATE!

bilingual groups, childcare, domestic violence, health insurance, drop in activities, ESL, pre/post natal and more...

HIV/AIDS

STI

***WORD DROP***

PrEP/PEP

Condoms

# WHAT ARE THE BARRIERS?

Why don't we use the words  
liberating...slippery...sweet...  
mindful?

# Internalized Barriers

Intergenerational trauma

Shame

Religious influence

Sexual assault and violence

Relationship/Awareness of Self and Body





# Interpersonal Barriers

Communication and  
Negotiation

Discussing Consent

Assessing relationship values





# Institutional Barriers

Cisgender and heterosexuality as the norm

Able-bodied focus

Sexual and Reproductive Oppression

Media Representations of sex and pleasure

Sex Education/ educators



How do you see the  
impact of the  
**THREE I's?**



**Integrating sex positive values**

**“It means maintaining a healthy attitude towards sex- whatever it looks like or the lack thereof- and valuing it given your individual needs. ”**







# Zines

a low-cost, grassroots workbook

culturally rooted  
language and  
images

visual tool for  
different learners

Me siento saludable...  
(en mi)



Los 2 tipos de E.T.S.  
mas comunes son...

### Bacterial

- Clamidia
- Gonorrea
- Sífilis

Estas enfermedades  
se pueden curar.

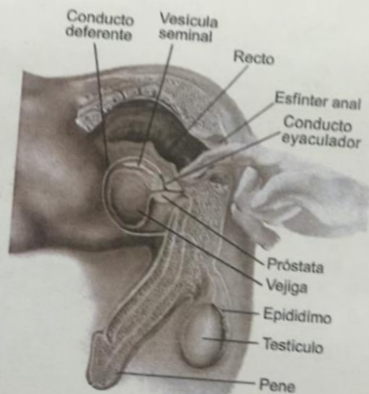
### Virus

- VIH
- Herpes
- VPH

No se curan  
pero son  
tratables.



CONDÓN  
~~Femenino~~  
FemAnal



Todas y todos tenemos  
un ano, fundillo, poto,  
chiquito  
que no se lubrica  
solo

# Modeling



*Puppet*  
address trauma  
reflective tool

*Clay Work*  
ancestral  
stress reliever  
body image





# Mirror Work



increases body positivity and self-worth

self-examination and empowerment





# Treasure Boxes

addresses stigma and  
shame

visual communication and  
negotiation reminder

power



# Rhythmic Exercise







[@letsget\\_condoms](#)

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