

# Prevention Unit

*Iris House offers three programs to help HIV-positive women and men adopt risk-reducing behaviors:*



**Condom Distribution Program** is an initiative funded through the

Department of Health and Mental Hygiene to have free condoms easily accessible to the community, to promote condom use as a means to reduce HIV infection. The program aims to solicit local business such as barbershops and beauty salons to participate in the program and to distribute condoms to their clientele. The program includes:

- ☞ Replenishment of condoms to participating businesses,
- ☞ Targeted street outreach conducted during the day and night at high risk venues.
- ☞ Tabling at community events with the goal of disseminating condoms and HIV literature to the community.

**Harm Reduction Program** is focused on recovery readiness and preparing an HIV+ individual to make the changes that will reduce the harm of substance abuse. The Counseling and Testing component will provide Rapid Testing to high-risk individuals in East and Central Harlem. The services provided under this program are:

- ☞ Individual counseling sessions focused on reducing HIV Risk behavior of substance users.
- ☞ Harm Reduction and AOD support
- ☞ HIV Testing-pre/post test counseling
- ☞ Assessment for STI's

**Co-Factor Program** is an initiative focused on two co-factors of HIV transmission: depression and substance misuse/abuse. Individuals will be screened for these issues by outreach workers and will be referred for services if they screen positive.

## Iris House

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Iris House: Empowering women, serving our community

