Collective Storytelling for Greater Impact

Iris House 14th Annual Women as the Face of AIDS Summit – May 6th 2019
Agenda

1. Welcome and Inspiration

2. Storytelling Exercise
   • Practice
   • Personal Review
   • Open Share

3. Closing and Wrap Up
Initiation into Storytelling

• Build confidence
• Practice developing appetizers of stories that we can piece together
• Uncover: What do our stories mean to us? Why are you telling your story and why now?
How has storytelling impacted you?
Setting the Stage
Why do we tell our stories?

Sharing your story can be used as a personal reflection tool but also an advocacy tool to influence communities, institutions or even policy-makers.
Trauma-Informed Approach

A trauma-informed approach acknowledges the impact that experienced trauma has on an individual’s ability to connect. It seeks to avoid any occurrence of re-traumatization.

Key Principles:

- Safety
- Choice
- Collaboration
- Empowerment
- Trustworthiness
- Cultural, historical, gender issues
Before we begin…

Let’s establish some group agreements that can help foster a safe space:

• Listen actively, respect others when they are talking
• Use “I” statements
• Don’t interrupt others
• Step up, Step back
• Everything is confidential
• Avoid prejudicial comments

...anything else?
Storytime

• Pair up with a storytelling partner
• Take turns responding to the question on the slide
• 2 minutes for each person – just talk and tell the story
• We’ll do 2-3 questions in the coming slides
• Focus on listening as well
• Questions?
Let’s Practice!
What is your favorite memory from childhood and why?
What was your first job and how was it for you?
What are 2 things that you go home to?
Personal Review: Take 5 minutes with the worksheet or in pairs to make a personal review on the process.
Open Share
Using just one word, describe what you are taking away from this workshop?

When poll is active, respond at PollEv.com/tccgroup198  📞 Text TCCGROUP198 to 22333 once to join
Complete the evaluation on your seat

Take a resource packet on your way out

Drop your card or contact information in the bowl by the door

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Connect with us:
- Thana-Ashley Charles – tcharles@tccgrp.com
- Sophia Kass – Sophia@transgenderlawcenter.org
- Kate Locke – klocke@tccgrp.com
- Tiffany Smith – tsmith@tccgrp.com