

Fearfully and Wonderfully Made

Lynette Trawick, Founder of I Am U, Inc. Ciarra Covin, Founder of Healing is Voluntary

The purpose of this session is to encourage women to become secure in who they are. So often we subject ourselves to situations that we should not be in (re: abuse, infidelity, etc.) which can quickly turn into a never-ending cycle which has the potential to transfer to younger generations. It is the hope that the audience will find this session to be a safe space for the acknowledgement of their own self-worth.