“I’m Healthy and I Know It”

*Iris House Faces of AIDS 2014 Presentation*

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Objectives

- Clearly Defined Mission
- Patient Flow
- Viral Load Suppression
- Patient Connection
The Mission of the Ryan Network

- "Health care is a right, not a privilege." Since 1967 this has been the guiding mission for the Ryan Center.

- The Ryan Network has grown to include four main sites: the Ryan Center, Ryan-NENA Community Health Center and Ryan Thelma-Adair and, Ryan/Chelsea-Clinton Community Health Center, as well as twelve satellite sites.

- All of the sites are dedicated to providing high quality, affordable, comprehensive, linguistically and culturally competent health care services to medically underserved populations.
In 2012, the Ryan Network launched a campaign to encourage young MSM of color to take responsibility and ownership of their health:

“I’m Healthy and I Know It”

- Development of an App for Smart phones which provides access to HIV testing sites and health education that stresses the importance of knowing your HIV status.
- Health on the Move Mobile Van – which brings health care, including Rapid HIV testing to the patient.
“I’m Healthy and I Know It”
Ryan was among the first Community Health Centers in New York to offer rapid HIV testing in the field. Staff from many disciplines have been trained to offer testing in a variety of settings.
Spectrum of HIV Services

- HIV Specialty Care
- Confidential HIV Counseling and Testing
- Integrated HIV Testing
- Medical Case Management
- Harm Reduction Services
- Treatment Education/Adherence
- Mental Health Counseling
- PrEP for people at high risk, partners
- Targeted Outreach
- Patient Navigation
- Prevention Education and Outreach
- Hepatitis C Testing and Treatment
Navigating Your Care

- Evidence-Based Interventions
- Case management, Patient Navigation, Treatment Adherence, Primary Care
- Using daily huddles, pre-visit planning, care coordination
- Patient-centered care
More tools in my tool box

- Educating patients about PrEP
- The ability to provide regular HIV testing in the Clinic or our Mobile unit
- Several Medical Clinic Sites throughout Manhattan
- Connection to other facilities
PrEP: Nonjudgemental Prevention and counseling

- Participating in a DOH pilot
- AWARENESS:
  - Outreach to partners of current patients
  - Outreach in the community/sister organizations
  - Outreach to frequent testers
- Intensive safer sex counseling with PrEP
- Medical management of PrEP
- Collaboration with sister organizations
Outreach in all kinds of weather…

Creates visibility by following a regular schedule of outreach to the community.

Demonstrates reliability by showing up despite difficult conditions.
Network Collaborations

- Viral Load Suppression
- In + Care Campaign
- NY Links
- Quality Learning Networks
- Consumer Advisory Group
VLSP: Collaboration to achieve HIV suppression

- Collaborate with other NY organizations to assist each other in identifying trends and goals for increasing number of patients whose viral load is suppressed.

- Case conferencing, adherence education sessions, and home/hospital visits for patients who have been continuously non-adherent to follow-up.
IN+CARE campaign

- HRSA/HIV-AIDS Bureau collaboration
- Nationwide sharing of best practices
- Webinars, resources
- Goal: retention in care
NYLINKS: linkage and retention in care

- Streamline appointment procedures
- Strengths-based, nonjudgemental CM
- Consistent, team-based messaging
  - Can be for linkage, reengagement, adherence
- Outreach to LTFU
- Peer support: Groups, one-on-one, CAG
- Close relationship with the community--LESHR
Success brings success

Staff at community events utilize a customized outreach van.

The Network has been funded to build several generations of customized vans over two decades.
Sustainability

- The Network has improved its ability to manage services to targeted populations

- Empowerment and training of staff so that all connection to care needs of the patient can be addressed by any staff person “touching” the patient.

- System level changes have included:
  - assessments uploaded through the Patient Portal,
  - strengthening sexual health screening
  - Rapid Hepatitis C testing interventions
Create opportunities for Collaboration

At this event held at a hotel in a community where gay youth congregate, the Ryan center collaborated with a number of other CBO’s serving this patient population.
Building and Moving ahead

- Utilize the data from our electronic health records
- Improve Health Outcomes for the targeted populations
- More tools to use – social media, internet tools, social intervention
- More access to testing
- Pharmaceutical interventions
Thank You!

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