Leading Ladies: Promoting Healthy Lifestyles and Healthy Families

Title: The Trinity Project

Grantee: RAIN, Inc.- Regional AIDS Interfaith Network

Primary Partner: HELP- Helping Empower Local People
OWH
Grant Purpose

To provided funding for the “Trinity Project” who will then partner with Faith-based and Community Organizations to enhance prevention and support activities for women, girls and their families who identify themselves as members of a faith-based community and participate in faith-based social networks/communities.
OWH Grant Mission

To engage the Faith-Based and Community Organizations targeting female spouses of pastors, female clergy, and other female leaders within communities to establish sustainable gender-specific HIV/AIDS/STD prevention and education models for women and their families.
The Trinity Project

My Mind

My Body

My Spirit
African American churches have a proven track record of reaching hard-to-reach populations to disseminate key prevention messages and to shape cultural norms, specifically female leaders in the church.
The Trinity Project Goals

- To eliminate HIV/AIDS related stigma that often inhibit women and girls in faith-based communities from seeking testing or accessing care.

- Develop/demonstrate gender-responsive, peer-led prevention education intervention that is culturally, and developmentally appropriate.

- Establish and expand a coalition of services and community linkages for ensuring gender-responsive HIV/AIDS/STD services.
Targeted Geographical Areas

• A high HIV and/or STD prevalence among women and girls

• A deficit of HIV/AIDS/STD services

• Disproportionately impacted by health disparities
The Project Process

Identify Church

Pastors

Prevention Education & Testing

Participants

Ambassadors
Project Enrollment

20 Churches (1st year)
10 Churches (2nd year)
10 Churches (3rd year)

2 Ambassadors per church
6-10 Participants per group
Trinity Training

- Implementation Process - Adult Ambassadors:
  - Project Kick-Off Meeting
  - Four weekly trainings
  - Town Hall Meeting
  - Graduation Ceremony
  - Recruitment
  - Implementation

2/14/2013  Trinity Project
Trinity Intervention Sessions

- Trinity Curriculum Model (Adaptation of the CDC – SISTA Intervention)
- All Sessions are once or twice a week
- Sessions are for five consecutive weeks
- Approximately 2 hours per session
- Participants must complete all 5 sessions
- New participant recruitment begins each quarter within your congregation
Trinity Program Activities

- National Women & Girls HIV Awareness Day
- Reach & Teach Health & Wellness
- HIV/AIDS/STD Testing Drive
- HIV/AIDS/STD “Back 2 School Rally”
- Female Pastor-Laity Regional Symposium
- Youth / College Summit
Trinity Coalition
Town Hall Meetings

Community Resources
- Shelters
- Domestic Violence
- Food Banks
- Treatment Centers
- Mental Health Program
- Substance Abuse Program

Testing Partnerships

Testing Opportunities
- Available Testing
- Church Health Fairs
- Community Health Fairs
- Individual Referrals
- At FBO sites
- Upon request

2/14/2013 Trinity Project
# HIV/AIDS Resource Information

## Websites:

- [www.cdc.gov/hiv](http://www.cdc.gov/hiv)
- [www.carolinarain.org](http://www.carolinarain.org)
- [www.aids.gov](http://www.aids.gov)
- [www.aidsinfo.gov](http://www.aidsinfo.gov)
- [www.thebody.com](http://www.thebody.com)
- [www.justhiv.com](http://www.justhiv.com)
- [www.hivsites.com](http://www.hivsites.com)
- [www.hivtest.org](http://www.hivtest.org)
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QUESTIONS? CONCERNS?

THANK YOU