Case Study



• A 58 year old Israeli female who is HIV positive and single. This client received an HIV diagnosis 11 years ago. However, she has not yet disclosed her HIV status to anyone. The client has been attending support group for the past 9 months and is now considering the possibility of taking HIV medication.



- A 54 year old African American female with an HIV diagnosis who is married and has 5 children. This client also suffers from bipolar disorder and frequently isolates when she is experiencing a depressive episode. She has a history of suicidal attempts and has also been the victim of sexual assault by multiple people including family and friends. Her adult daughter was also the victim of sexual assault by a family member.
- The client has been a regular participant in the support group forums for the past 2 years and she has since decided to participate in formal mental health services to address some of her current psychosocial issues.

Case Study



- A 62 year old Grenadian female who received an HIV diagnosis in 2003. The client is single and she has a history of multiple medical concerns, including breast cancer. She also has a past history of substance abuse, depression and sexual abuse.
- The client has been well engaged in the support group forums in the past two years. As such, she has developed leadership abilities and is currently well respected and trusted by her peers. She travels regularly to the support group forums from Manhattan.



Case Study

• A 26 year old African American female who received an HIV diagnosis in 2006. The client who is a lesbian, has a past history of sex work and domestic violence. Additionally, she has a history of untreated clinical depression. She is the youngest member of the support group, who has benefited greatly from the advice of the more seasoned participants.