

Valuing the Lives and Health of Women

Universal Health Services Access Project: Integrating Policy and CBA

Creating an Accessible and Culturally Competent
HIV Service Continuum for Women
Living in the United States

National Women and AIDS Collective (NWAC)

December 2012 (Summarized 4.16.13)



About NWAC

 The National Women and AIDS Collective's (NWAC) mission is to advocate and build the capacity of women-led and serving organizations and programs to work in partnership with women impacted by HIV/AIDS in order to improve their overall health and quality of life.









NWAC Goals

NWAC goals, in support of its mission:

- 1. Strive to reduce gender equities in an effort to achieve optimal health outcomes for women.
- 2. Improve the health and social well being of women through public policy, advocacy and service.
- 3. Develop the capacity and leadership of member organizations and women living with HIV to continue to deliver life-saving services and engage in policy work that enhances organizational integrity and community well being.
- 4. Facilitate and participate in multi-disciplinary collaborations among organizations and leaders who are striving to address the social and health inequalities of women living in the US.



NWAC's Public Policy Work

Engage in Public Policy and Advocacy

NWAC advocates for changes in federal, state, and local HIV/AIDS policies that prioritizes the full acknowledgement and recognition of the socioeconomic, biomedical, and behavioral factors that lead to HIV vulnerability and acquisition among women.

 NWAC utilizes its policy position papers as advocacy tools to address gender specific social and health disparities in HIV/AIDS in the United States.

Issue Statement

- Women in the United States experience greater health disparities and do not benefit from unfettered access to HIV prevention, care, treatment and support.
- Due to the lack of gender responsive programming and gender responsive approaches, often times women do not enter into care, have difficulty entering in care, struggle to stay in care, are not fully engaged in care or fall out of care and therefore have greater adverse impacts as a result of not utilizing the full HIV service continuum offered in this country.
- Therefore, women experience poorer health outcomes and the erosion of one's quality of life for themselves, their families, their significant others, and larger communities.



Gender Responsive HIV Service Continuum Strategic Framework

GOAL

Develop and implement optimal standards of service delivery for:

- women who are vulnerable to HIV (disease prevention)
- women who do not know their HIV status (HIP and EIIHA)
- women who are HIV positive who are not in care (unmeet need)
- women who are HIV positive and are in care (prevention with positives).



Gender Responsive Approach

- Develop a gender responsive HIV service continuum that incorporates the following:
 - Recognizes the social and behavioral differences between women and men
 - Promotes policies and practices that:
 - target women's pathways to service by providing effective programs, interventions and activities that address the intersection of substance abuse, trauma, mental health, and economic marginality
 - <u>consider women's relationships</u>, especially those with their children, partners, family members and their roles in the community when delivering services and interventions.



Anchoring the Approach Guiding Principles

Gender

Acknowledge that gender makes a difference

Environment

 Create an environment based on safety, respect and dignity

Relationships

 Develop policies, practices and programs that support relations and promote healthy connections to children, family, significant others and community



Guiding Principles Cont.

Services and Supervision

 Address the issues of substance abuse, trauma and mental health through comprehensive, integrated, culturally relevant and appropriate services and supervision

Economic and Social Status

 Improve women's economic/social conditions by developing their capacity to be self-sufficient

Community Mobilization

 Establish a supportive environment within the community which encourages participatory citizenship



Health Service Continuum Strategic Framework

Graphic Display of Analysis Model

Level One

Focus Population

Level Two

Health or Disease Condition

Level Three

Vulnerabilities, Risk & Assets

Level Four

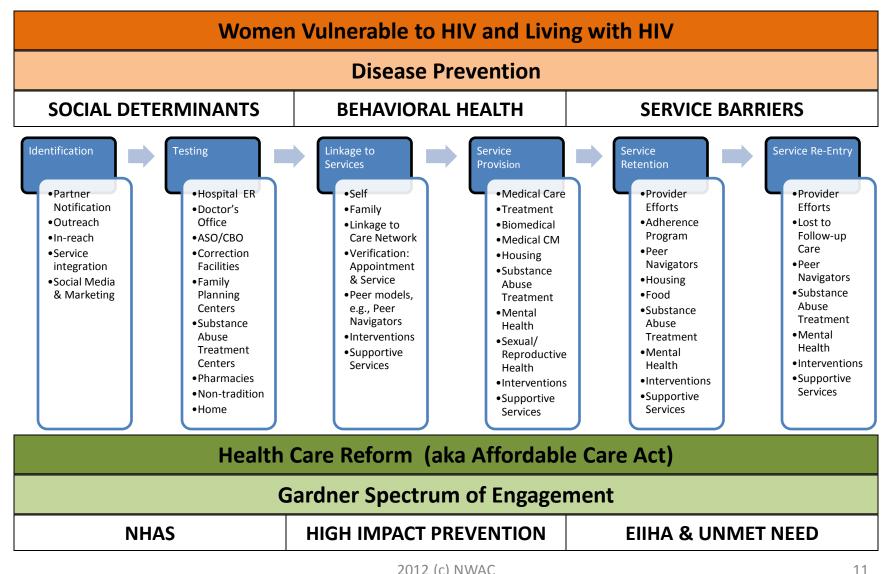
• Service Provision

Level Five

Policy



HIV Service Continuum Aligning Policies and Services



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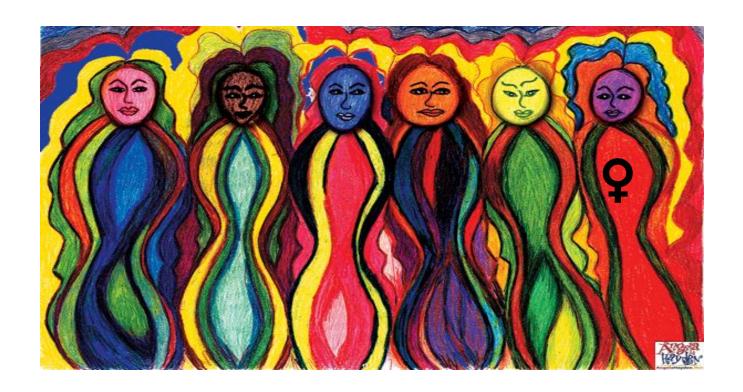
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ServiceProvision

Level Five

Policy

Focus Population



WOMEN



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Women and HIV

- How HIV manifests itself in women
 - Delayed diagnosis
 - Delayed entry to care
 - Most women don't access care until they become pregnant or experience symptoms
 - Late initiation of ART
 - Poorer treatment outcomes
 - Less access and utilize of ART
 - Progress to AIDS faster than men
 - Shorter survival times; excess mortality
 - Highest amongst African American and Latina women



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Defining Vulnerability & Risk: HIV

Vulnerability

Vulnerability results from a range of factors outside the control of the individual that reduce the ability of individuals and communities to avoid HIV risk.

Risk

Risk is defined as the probability or likelihood that a person may through their own actions become infected with HIV.

Basis of Vulnerability & Risk

SOCIAL DETERMINANTS

Social determinants of health are the conditions in which people are born, grow, live, work and age, including the health system.

- 1. Biology and genetics.
- 2. Individual behavior.
- Social environment.
- 4. Physical environment.
- 5. Health services.

STRUCTURAL FACTORS

HIV-related structural factors are defined as barriers to, or facilitators of, an individual's HIV prevention and care behaviors; they may relate to economic, social, policy, organizational or other aspects of the environment.

BEHAVIORAL HEALTH

Behavioral health encompasses the promotion of emotional health; the prevention of mental illnesses and substance use disorders; and treatments and services for substance abuse, mental illness, and/or mental disorders.

Intersectionality of Vulnerability and Risk

Socioeconomic

- Poverty
- •Reliance on others for economic support
- Low health literacy
- Lack of insurance coverage

Behavioral

- Substance abuse
- Mental health
- Trauma

Violence

- Domestic violence
- Intimate partner violence
- Sexual assault
- Childhood abuse

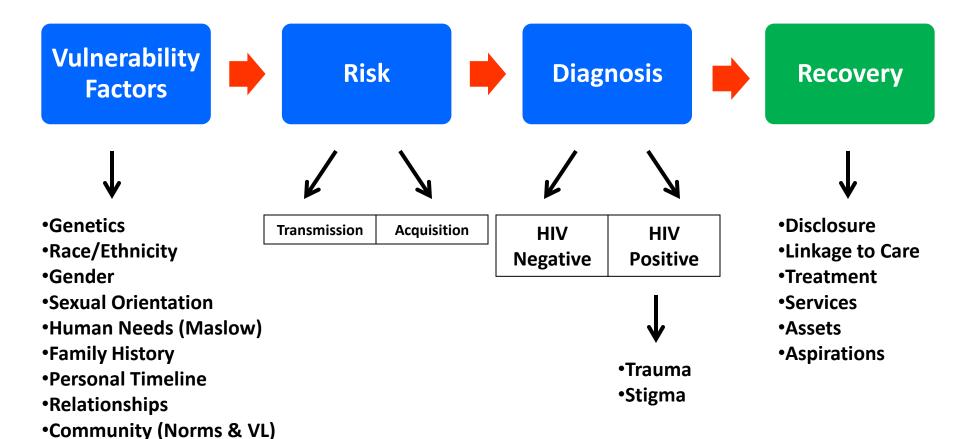


Impact of Vulnerability and Risk

- The inter-sectionality of physical, behavioral, social and economic conditions faced by women often pre-determines:
 - 1. Their vulnerability & risk for HIV infection;
 - The success of HIV prevention and care programs in addressing their vulnerability and needs; and
 - 3. Their ability to care for themselves and successfully live with this disease.



HIV Vulnerability & Risk Framework



Public Polices

Trauma (PTSD)

Violence

•Stigma



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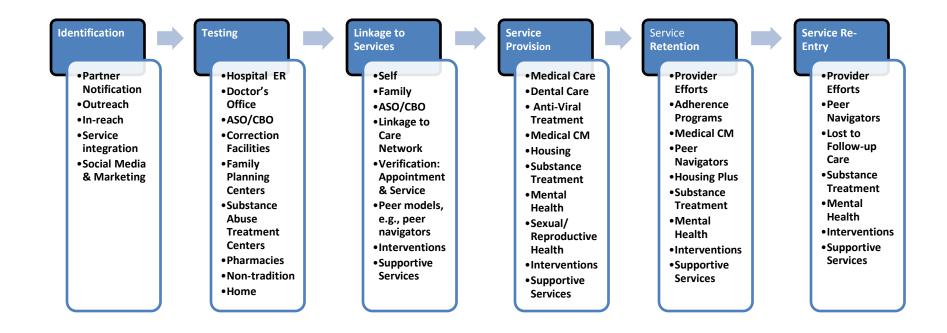
Barriers to Care

- Lack of services designed to support access and retention in care basic needs (transportation, food, childcare, housing, etc.)
- Lack of mental health
- Substance abuse
- Physical and/or sexual abuse
- Lack of insurance
- Inability to take time off work
- Being too sick care for self, family or go to work



Level Four Analysis: Service Provision

Prevention, Care, Treatment & Support





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Considerations: Policy Initiatives

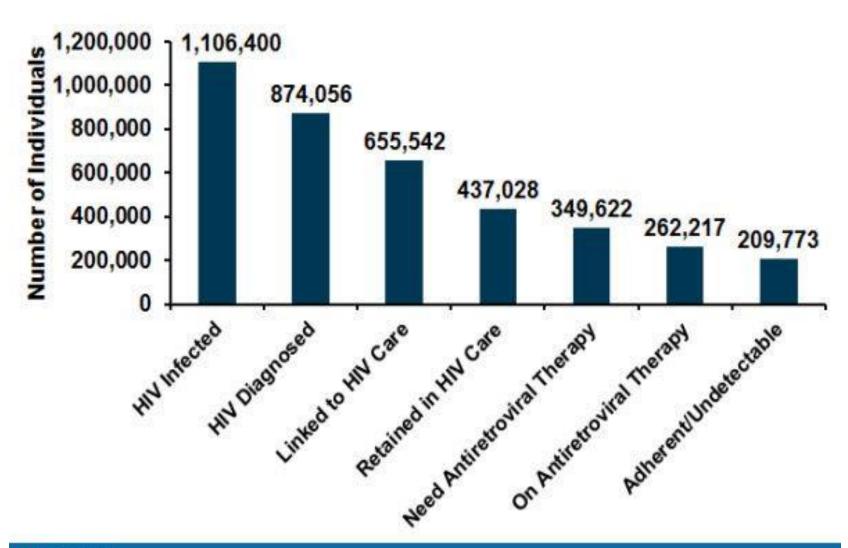
HCR/ACA

Pre-Existing Conditions, Essential Health Benefits.

Preventive Services – Women and Patient Navigators

NHAS	HIP	EIIHA & UIVIN
Core Indicators	<u>Priorities</u>	<u>Components</u>
HIV Positivity	Testing	Identifying
Late HIV Diagnosis	Linkage to Care	Testing
Linkage to Care	Condoms/Sterile Syringe	Counseling
Retention	Prevention with Positives	Referral to Care
Treatment (ART)	SA Treatment	Linkage to Care
Viral Load Suppression	Primary Prevention	
Housing Status	STD Screening &	

Treatment



Demographic	Diagnosed	LTC	RTC	ART	VLS
HIV Positive Individuals	82%	66%	37%	33%	25%
African American	81%	62%	34%	29%	21%
Heterosexual Women	85%	70%	41%	36%	26%

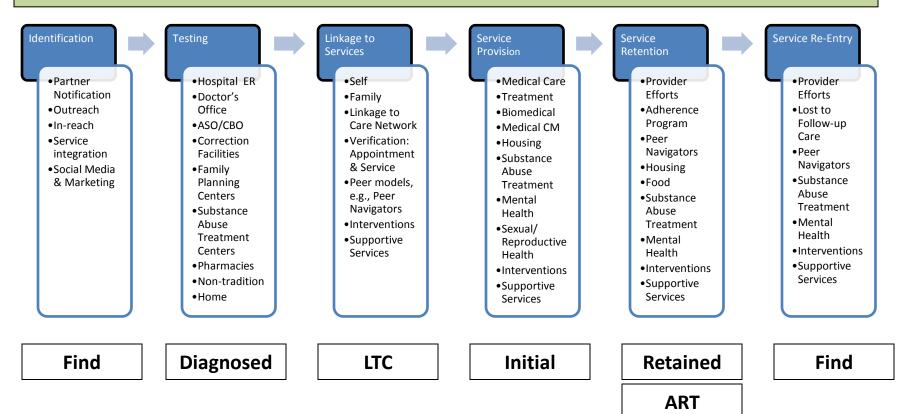


HIV Service Continuum Aligning Policies and Services

Women Vulnerable to HIV and Living with HIV

Health Care Reform (aka Affordable Care Act)

Gardner Spectrum of Engagement



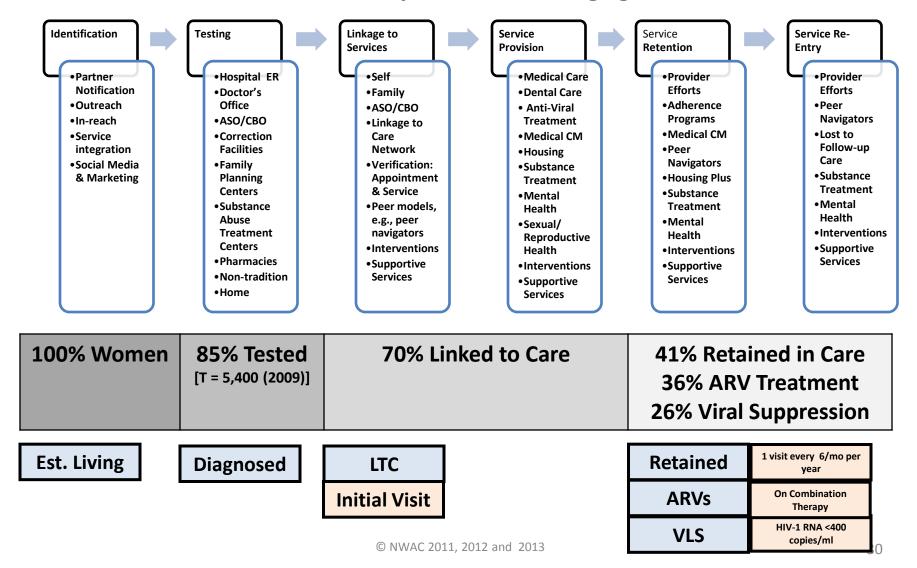
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29

VLS



Level Four Analysis: Services





Gender Responsive HIV Service Continuum Strategic Framework

OUTCOMES

- Increased knowledge of HIV status
- Increased linkage to care
- Improved adherence to medications
- Consistent engagement in care
- Improved follow-up leading to less missed visits

IMPACT

- Improvement in viral load suppression
- Reduced HIV & STD transmission
- Improved overall health outcomes (wellness)
- Improved quality of life



How the Continuum can be Used

- As a strategic framework that can be used to assist organizations with:
 - Service design, planning, implementation (including collaborations) & monitoring and evaluation
- As a tool that can be used to assist organizations with
 - Assessing client service access & utilization
 - Assessing client progression through the continuum
 - Developing collaborations to address gaps
 - Mapping of public policies and funding
 - Conducting focused public policy and advocacy campaigns



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My Personal Timeline

VULNERABILITIES & RISK TAKING

Age 9 Childhood sexual abuse starts

Age 16 Exposed to marijuana

Age 18 Started binge drinking

Age 19 First experience with partner violence

Age 32 Diagnosed w/ HIV

RECOVERY

Age 33 Started HIV primary care

Age 36 Entered SAT & family counseling

Age 37 Started HIV anti-retroviral treatment

Age 37 Volunteered at local ASO

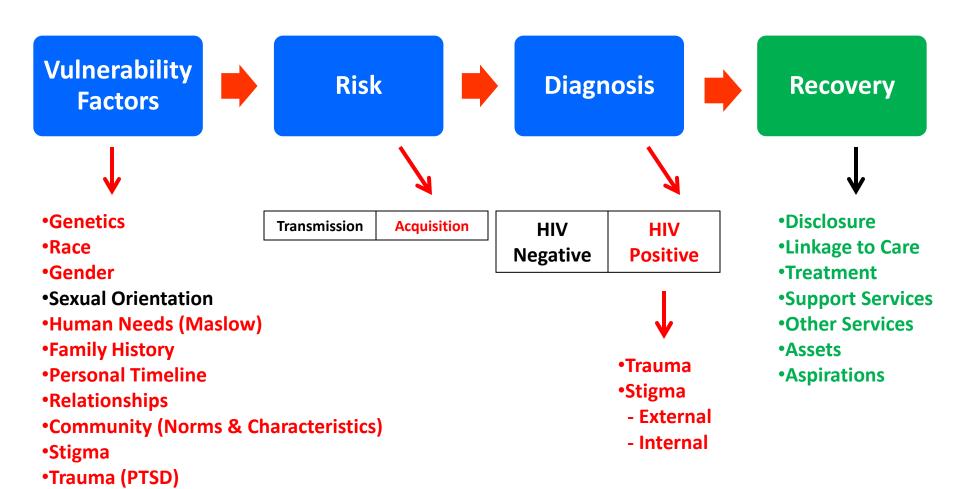
Age 39 Passed the NY Bar Exam

Age 32 Co-founded CBO

Age 48 Joined the staff of a national ASO



My HIV Vulnerability Framework



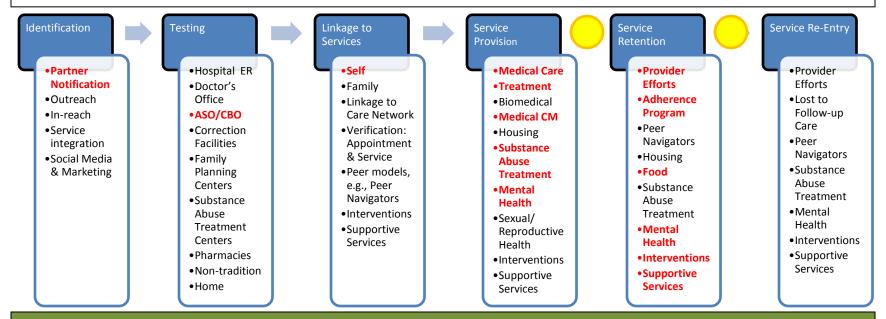


My HIV Service Profile

Women Vulnerable to HIV and Living with HIV

Disease Prevention, Containment & Reduction: <u>HIV</u>

Vulnerability & Risk: <u>HIV-Related</u>



Informed and engaged patient

Linked, retained and (mostly) adherence to care & treatment

Reduced HIV-related health disparities



My Health Outcomes

- Early diagnosis of HIV
- Early entry to care
- Early initiation of treatment
- Suppressed viral load
- 24 known years of HIV survival



Next Steps

- Webinar Series
- Sisters-in-Service Network
- Membership



THANK YOU!

National Women and AIDS Collective

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