

## **NAME AND TITLE OF PRESENTER AND ORGANIZATION**

**Deloris Dockrey, MPH**  
**Director of Community Organizing**  
**Hyacinth AIDS Foundation (New Jersey Women and AIDS Network at Hyacinth)**

## **INDICATE TRACK UNDER WHICH YOU'D LIKE TO BE CONSIDERED**

**Track 4 - Our Voices**

**TITLE:** Title of Workshop – **Women Leadership Workshop – *Meeting with your Legislators***

### **OBJECTIVE: Abstract**

In the era of the Obama Presidency, “change” has become the anthem of our time, but now many of us wonder what we can do to fulfill the promises. How do we participate in the process and step-up as leaders in our communities? During this interactive workshop, participants are invited to begin their journeys as leaders. Together we will dialogue about how HIV/AIDS advocacy can make change and get you thinking about what role you might want to take on as a leader. Content includes the nature of change, government systems that make change, the art of creating an argument for change as well as an introduction to “Leadership Hyacinth”, a advocacy training program.

**Goal:** Develop an understanding of the role of advocacy and need for community leadership in response to the HIV epidemic

### **Objectives**

1. Talk about what makes change and describe advocacy
2. Understanding Basic Civic and the structure of government
3. Creating an Argument (your ASK) using your Story

**METHODS:** Briefly describe the methods or strategies used in the program.

### **The Heart of (making) Change (15 minutes)**

1. The nature of change – quote from “The Heart of Change”
2. Ask the group “What comes to mind when you think about these advocacy issues of the past?” and “What they think made change possible on a policy and legislative level?”
3. Define Advocacy

### **How policy makes change happen (15 - 20 minutes)**

1. School House Rocks– “I’m just a bill”
2. Ask participants to watch for places in the process where do advocates have a voice in how a bill comes about and is made into law?
3. Discuss the structure of government.

### **Exploring How To Make Your Position Understood (20 minutes)**

1. Activity: “Take a Stand”;
2. Creating different arguments for various audiences.

**RESULTS:** Develop a cadre of women who can meet with legislators and ask for support for various advocacy positions impacting the lives of women living with HIV.

**CONCLUSIONS:** Leadership Hyacinth have trained many advocates that meeting regular with legislator at the state and federal level. This provides advance advocacy training on women issues.